

# Summer Bible Class

God's Word  
Our Guide  
His Rest  
Our Strength

Grow  
in Faith  
Walk in  
Truth

# THE REST The REVELATION The RELATING HEBREWS 4



**THE REST**  
God's Promise  
for Our Souls



**THE REVELATION**  
The Word That  
Still Speaks



**THE RELATING**  
Jesus Christ knows  
what it is like to  
be tempted



**HEBREWS 4:9-10**  
(NKJV)

- <sup>9</sup> There remaineth therefore  
a *rest* to the people  
of God.
- <sup>10</sup> For he who has entered  
*His rest* has himself also  
ceased from his works as  
God did from His.



Let us  
therefore make  
every effort to  
enter that rest...  
HEBREWS 4:11



**Kevin L Berry** | **EVANGELIST**  
PREACHING THE WORD • TEACHING THE TRUTH • TOUCHING LIVES

# MEMORY VERSE

HEBREWS 4:16

“Let us therefore  
**come boldly**  
unto the throne of grace,  
that we may obtain **mercy**,  
and find **grace to help**  
in time of need.”



WE COME  
BOLDLY



WE RECEIVE  
MERCY



WE FIND  
GRACE



WE RECEIVE  
HELP

IN TIME OF NEED

# Don't Look Back!



GENESIS 19:15-26

*“But Lot’s wife looked back,  
and she became a pillar of salt.”*

Genesis 19:26

A SERMON BY  
**Kevin L. Berry**  
*Evangelist*

KEEP MOVING FORWARD. GOD HAS CALLED YOU OUT—NOT TO LOOK BACK.  
REMEMBER LOT’S WIFE.  
HEED GOD’S WARNING.  
TRUST GOD’S DIRECTION.

# LESSON TITLE

# JESUS CHRIST: BETTER THAN EVERYTHING THAT CAME BEFORE



THE  
PROPHETS

THE  
ANGELS

MOSES

AARON &  
PRIESTHOOD

THE OLD  
COVENANT

THE OLD  
SACRIFICES

## HEBREWS 1:1-2

### KEY THOUGHT:

The Book of Hebrews demonstrates the absolute superiority of Jesus Christ over the prophets, angels, Moses, the Levitical priesthood, the Old Covenant, and the sacrifices of the Law.



**APPLICATION:** If Christ is better than everything under the Old Law, there is no reason to leave Him.

# OUTLINE & KEY THEME OF THE BOOK OF HEBREWS

*Jesus Christ: Better Than Everything That Came Before*

## KEY THEME

### JESUS IS BETTER

The Book of Hebrews demonstrates the absolute superiority of Jesus Christ over:

- ✓ The Prophets
- ✓ Angels
- ✓ Moses
- ✓ The Levitical Priesthood
- ✓ The Old Covenant
- ✓ Animal Sacrifices

## KEY APPLICATION

*Because Jesus is better than everything that came before, Christians must hold fast to Him.*



THE PROPHETS

God spoke in time past by the prophets.  
Hebrews 1:1

THE ANGELS

Christ is superior to the angels.  
Hebrews 1:4

MOSES

Christ is greater than Moses.  
Hebrews 3:3

THE LEVITICAL PRIESTHOOD

Christ is our Great High Priest.  
Hebrews 4:14

THE OLD COVENANT

Christ brings a better covenant.  
Hebrews 8:6

ANIMAL SACRIFICES

Christ offered one sacrifice for sins forever.  
Hebrews 10:12

## OUTLINE OF HEBREWS

1-2 Christ Is Better Than Angels

3-4 Christ Is Better Than Moses

5-7 Christ Our Great High Priest

8-10 A Better Covenant & Better Sacrifice

11 The Hall of Faith

12 Running the Christian Race With Endurance

13 Practical Christian Living

## THEME VERSE

*"God, who at various times and in various ways spoke in time past to the fathers by the prophets, has in these last days spoken to us by His Son."*

Hebrews 1:1-2



BETTER REVELATION



BETTER PRIESTHOOD



BETTER COVENANT



BETTER SACRIFICE



BETTER HOPE



BETTER SALVATION





# HEBREWS: SUMMARY POINTS BY CHAPTER



*Christ is Superior. His Covenant is Better. Our Hope is Sure.*

## 1 THE SUPERIORITY OF CHRIST



- God spoke by His Son.
- Jesus is superior to angels.
- Worship the Son, not angels.

## 2 WARNING AGAINST APOSTASY



- Do not drift away from the faith.
- God's judgment is real.
- Encouragement to hold fast.

## 3 JESUS GREATER THAN MOSES



- Jesus is faithful over God's house.
- Moses was a servant; Jesus is a Son.
- Hold fast to our confidence.

## 4 THE REST PROVIDED BY JESUS FOR THE CHILDREN OF GOD



- Jesus is our great High Priest.
- He has entered God's Rest.
- A Rest remains for God's people.
- Let us enter His Rest by faith and obedience.

## 5 CHRIST OUR COMPASSIONATE HIGH PRIEST



- Jesus was made perfect through suffering.
- He can help us in our time of need.
- He is the source of eternal salvation.

## 6 WARNING AGAINST SPIRITUAL APATHY



- Don't harden your hearts.
- Remember God's faithfulness.
- Encourage one another daily.

## 7 THE SUPERIORITY OF CHRIST



- Jesus is greater than Moses.
- He is our perfect High Priest.
- The old covenant is obsolete.

## 8 A BETTER COVENANT



- Jesus mediates a better covenant.
- The law written on our hearts.
- God will remember our sins no more.

## 9 CHRIST'S ONCE-FOR-ALL SACRIFICE



- Jesus offered Himself once for all.
- His sacrifice is complete.
- We are sanctified forever.

## 10 WE HAVE CONFIDENCE TO ENTER



- We have boldness to enter God's presence.
- Jesus opened a new and living way.
- Let us hold fast our confession.

## 11 FAITH IN ACTION



- Faith pleases God.
- Examples of faith in the Old Testament.
- Run with endurance the race set before us.

## 12 DISCIPLINE AND ENCOURAGEMENT



- God disciplines those He loves.
- Endure hardship as training.
- Lift up your hands that hang down.

## 13 CONTINUING FAITHFULLY



- Do not love the world.
- Jesus is our unchanging Savior.
- Let us go to Him continually.



## THE BIG PICTURE OF HEBREWS



JESUS IS SUPERIOR to all things



HIS COVENANT IS BETTER than the old



HIS SACRAMENT IS SUFFICIENT once for all



OUR RESPONSE IS FAITH AND ENDURANCE until the end



*"Let us hold fast the confession of our hope without wavering, for He who promised is faithful."*

HEBREWS 10:23



# KEY CHAPTER THEME

# HEBREWS 4

*Jesus Provides What We Need*

## 1. THE REST

*Hebrews 4:1-11*



### **A Rest Remains**

God's promised rest is still available for His people.

We must be diligent to enter that rest by faith and obedience.

## 2. THE REVELATION

*Hebrews 4:12-13*



### **God's Word Reveals**

The Word of God is living, powerful, and able to reveal our thoughts, motives, and hearts.

Nothing is hidden from God's sight.

## 3. THE RELATING

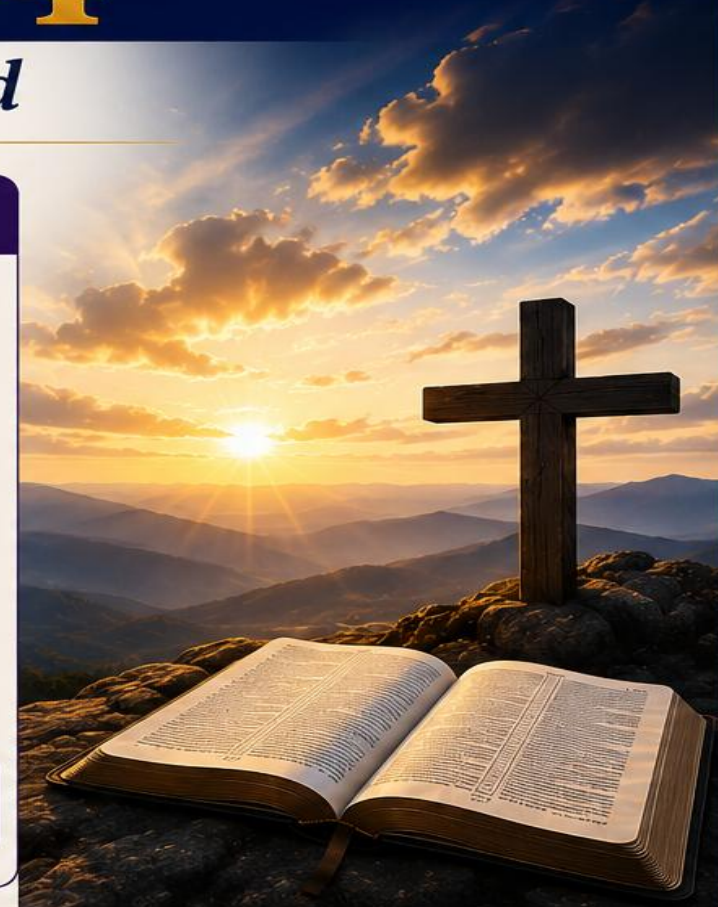
*Hebrews 4:14-16*



### **Jesus Relates**

Jesus, our Great High Priest, understands our weaknesses and invites us to come boldly to His throne.

We receive mercy, grace, and help in time of need.



**THE  
CENTRAL  
MESSAGE**

Because Jesus understands us and His Word reveals us, we can confidently approach God's throne for mercy, grace, and help.

***Hold fast our confession and draw near to God!***

# Summer Bible Class Series

## HEBREWS 4

# THE REST, THE REVELATION, THE RELATING

Grow  
in Faith  
Walk in  
Truth

### THE GREAT MESSAGE OF HEBREWS 4

Hebrews 4 teaches:



A promised **rest** remains for God's people.



God's **Word** reveals the true condition of the heart.



Jesus Christ **understands** and **sympathizes** with His people.

### THREE GREAT THEMES

#### 1 THE REST

God's Promise  
for Our Souls

#### 2 THE REVELATION

The Word That  
Still Speaks

#### 3 THE RELATING

Jesus Christ Knows What  
It Is Like to Be Tempted



Kevin L. Berry | EVANGELIST

PREACHING THE WORD • TEACHING THE TRUTH • TOUCHING LIVES

Rest in Him  
Revealed to Us  
Relate in Love



# I. THE REST

GOD'S PROMISE FOR OUR SOULS

## WHAT IS THIS REST?

- ✘ Not merely **physical** rest.
- ✘ Not the **Sabbath** day.
- ✘ Not the land of **Canaan**.
- ✘ The **eternal rest** God has prepared.

Hebrews 4:9

“There remaineth therefore  
a *rest* to the people of God.”



### LESSON:

God never intended this world to be our permanent home.












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GOD'S REST • GOD'S WORD • GOD'S HIGH PRIEST

# THE WORD “REST” IN HEBREWS CHAPTER 4 (NKJV)

“There remains therefore a rest for the people of God.” **Hebrews 4:9**

TOTAL OCCURRENCES: 9 | Rest = 8 times | Rested = 1 time

#	VERSE	WORD	TEXT (NKJV)	TYPE OF REST
1	Hebrews 4:1	rest	Therefore, while the promise of entering His rest still stands, let us fear lest any of you seem to have come short of it.	 HEAVENLY / ETERNAL REST
2	Hebrews 4:3	rest	For we who have believed do enter that rest, as He said: “As I swore in My wrath, they shall not enter My rest”;	 HEAVENLY / ETERNAL REST
3	Hebrews 4:3	rest	if they shall not enter into My rest: although the works were finished from the foundation of the world.	 CANAAN REST
4	Hebrews 4:4	rested	For He has spoken in a certain place of the seventh day in this way: “And God rested on the seventh day from all His works.”	 GOD'S CREATION REST
5	Hebrews 4:5	rest	And again in this passage He said: “They shall not enter My rest.”	 CANAAN REST
6	Hebrews 4:8	rest	For if Joshua had given them rest, then He would not afterward have spoken of another day.	 CANAAN REST
7	Hebrews 4:9	rest	<b>There remains therefore a rest for the people of God.</b>	 HEAVENLY / ETERNAL REST
8	Hebrews 4:10	rest	For he who has entered His rest has himself also ceased from his works as God did from His.	 HEAVENLY / ETERNAL REST
9	Hebrews 4:11	rest	Let us therefore be diligent to enter that rest, lest anyone fall according to the same example of disobedience.	 HEAVENLY / ETERNAL REST

## GREEK WORDS FOR “REST” IN HEBREWS 4

κατάπαυσις  
(katapausis)

Rest, cessation,  
dwelling in rest

Hebrews 4:1, 3, 5, 8,  
10, 11

σαββατισμός  
(sabbatismos)

Sabbath rest

Hebrews 4:9

## THREE TYPES OF REST IN HEBREWS 4



1. GOD'S  
CREATION REST  
Hebrews 4:4

God rested on the  
seventh day from  
all His works.



2. CANAAN REST  
Hebrews 4:3, 5, 8

Joshua gave them  
rest in the land,  
but it was not the  
final rest.



3. HEAVENLY /  
ETERNAL REST  
Hebrews 4:1, 3, 5,  
9–11

The ultimate rest  
for the people of God—  
the rest that remains.

## KEY VERSE

“There remains therefore  
a rest for the people of God.”  
**Hebrews 4:9 (NKJV)**

### APPLICATION

Let us therefore be diligent  
to enter that rest.  
**Hebrews 4:11 (NKJV)**

COLOR KEY:  GOD'S CREATION REST

 CANAAN REST

 HEAVENLY / ETERNAL REST

THEME OF HEBREWS 4: **God's Rest Is Available Through Faithful Obedience.**

# I. THE REST

GOD'S PROMISE FOR OUR SOULS

## THE FAILURE OF ISRAEL



### HEBREWS 3:18-19

*"And to whom swore he that they should not enter into his rest, but to them that believed not? So we see that they could not enter in because of unbelief."*

ISRAEL FAILED TO ENTER GOD'S REST BECAUSE OF:



#### UNBELIEF

They did not trust God's promise.



#### DISOBEDIENCE

They refused to follow God's instructions.



#### HARDENED HEARTS

They closed their hearts to God's voice.

### ! WARNING

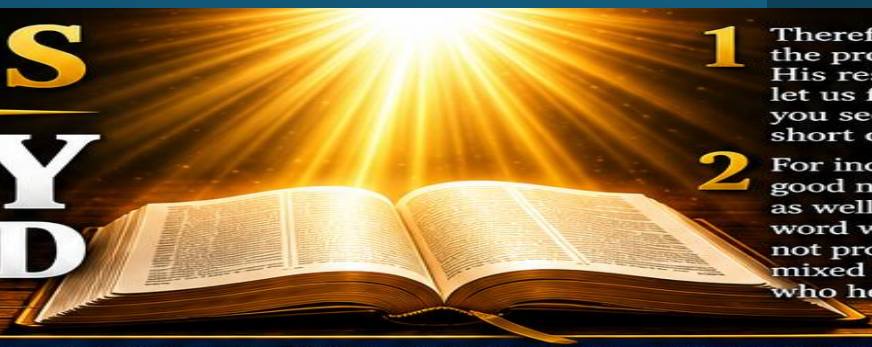
A person can know  
God's will and still  
fail to enter  
God's rest.



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GOD'S REST • GOD'S WORD • GOD'S HIGH PRIEST

# FIVE THINGS ONE CAN DO WITH THE HOLY WORD OF GOD HEBREWS 4:1-2



**1** Therefore, while the promise of entering His rest still stands, let us fear lest any of you seem to have come short of it.

**2** For indeed we have had good news preached to us as well as to them; but the word which they heard did not profit them, not being mixed with faith in those who heard it.

## THE WORD HEARD MUST BE MIXED WITH FAITH HEBREWS 4:2

<p><b>1</b> REJECT IT.</p>		<p><b>REJECT IT.</b> To reject the Word is to refuse God's truth and close the door to His rest.</p>
<p><b>2</b> IGNORE IT.</p>		<p><b>IGNORE IT.</b> To ignore the Word is to act like it doesn't matter—until it's too late.</p>
<p><b>3</b> PERVERT IT.</p>		<p><b>PERVERT IT.</b> To pervert the Word is to twist Scripture to suit our own desires and lead others astray.</p>
<p><b>4</b> BELIEVE IT BUT NOT OBEY IT.</p>		<p><b>BELIEVE IT BUT NOT OBEY IT.</b> To believe without obedience is to build on shifting sand—professing faith without practicing it.</p>
<p><b>5</b> BELIEVE IT AND CONTINUOUSLY OBEY IT.</p>		<p><b>BELIEVE IT AND CONTINUOUSLY OBEY IT.</b> To believe and obey is to walk in God's will daily and enter into the rest He has promised. "Blessed are those who hear the word of God and keep it." Luke 11:28</p>

**FAITH THAT OBEYS IS FAITH THAT SAVES**

<p><b>HEBREWS 4:2</b> The word which they heard did not profit them, not being mixed with faith in those who heard it.</p>	<p><b>JAMES 2:17-26</b> Faith without works is dead. Show me your faith apart from your works, and I will show you my faith by my works.</p>	<p><b>HEBREWS 5:8-9</b> Though He was a Son, yet He learned obedience by the things which He suffered.</p>
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**WHICH RESPONSE DESCRIBES YOU?**  
TODAY IS THE DAY TO HEAR, BELIEVE AND OBEY THE WORD OF GOD.  
HEBREWS 4:7

# I. THE REST

GOD'S PROMISE FOR OUR SOULS

## ENTERING GOD'S REST TODAY



**HEBREWS 4:11**

*"Let us therefore be diligent to enter that rest..."*

THE CHRISTIAN LIFE  
IS A JOURNEY TOWARD  
GOD'S ETERNAL REST.



### HOW?



FAITH  
IN CHRIST



OBEDIENCE  
TO THE GOSPEL



FAITHFUL  
CHRISTIAN LIVING



PERSEVERANCE  
UNTO THE END



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# II. THE REVELATION

## THE WORD THAT STILL SPEAKS



# THE BIBLE IS **ALIVE**

### HEBREWS 4:12

*“For the word of God is quick, and powerful, and sharper than any twoedged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart.”*

### THE WORD OF GOD IS:



**LIVING**  
It has life and power.



**POWERFUL**  
It accomplishes God's purpose.



**ACTIVE**  
It works in our hearts and lives.



**EFFECTIVE**  
It is never ineffective or meaningless.



**GOD'S WORD  
IS NEVER  
OUTDATED.**



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## II. THE REVELATION

THE WORD THAT STILL SPEAKS

# THE WORD REVEALS THE HEART



### HEBREWS 4:12

*“For the word of God is quick, and powerful, and sharper than any twoedged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart.”*

#### THE WORD OF GOD EXPOSES:



#### MOTIVES

Why we do what we do



#### INTENTIONS

What we really mean



#### ATTITUDES

How we truly feel



#### PRIORITIES

What matters most



## TRUTH:

The Bible not only tells us what we do.

It tells us

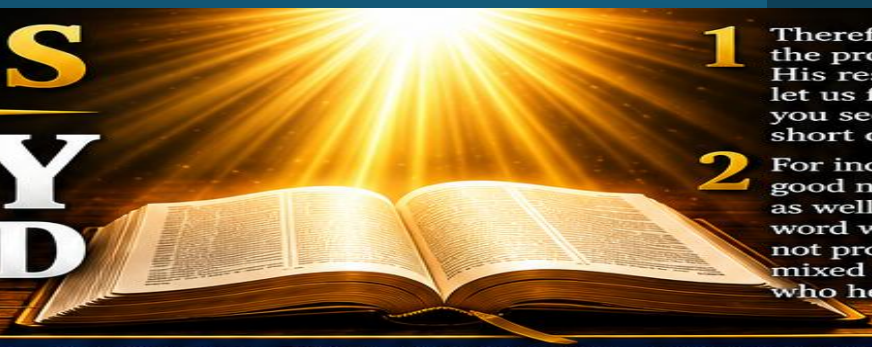
*who we are.*



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# FIVE THINGS ONE CAN DO WITH THE HOLY WORD OF GOD HEBREWS 4:1-2



**1** Therefore, while the promise of entering His rest still stands, let us fear lest any of you seem to have come short of it.

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**WHICH RESPONSE DESCRIBES YOU?**  
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HEBREWS 4:7



## II. THE REVELATION

THE WORD THAT STILL SPEAKS



# NOTHING HIDDEN FROM GOD

### HEBREWS 4:13

*“And there is no creature hidden from his sight, but all things are naked and open unto the eyes of him with whom we have to do.”*

### GOD’S PERFECT KNOWLEDGE



**HE SEES**  
every action.



**HE KNOWS**  
every thought.



**HE UNDERSTANDS**  
every motive.



### LESSON:

We may hide  
from men.  
*We can never  
hide from God.*



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GOD’S REST • GOD’S WORD • GOD’S HIGH PRIEST



# III. THE RELATING

JESUS CHRIST KNOWS WHAT IT IS LIKE TO BE TEMPTED



## OUR GREAT HIGH PRIEST



**HEBREWS 4:14-15**

*“For we have not an high priest which **cannot be touched** with the feeling of our infirmities; but was in all points **tempted like as we are**, yet **without sin.**”*



**BECAME FLESH**

He came to this world.



**LIVED AMONG MEN**

He walked where we walk.



**EXPERIENCED TEMPTATION**

He faced every kind of trial.



**REMAINED WITHOUT SIN**

He was holy, harmless, undefiled.



**OUR GREAT HIGH PRIEST**  
*understands us because He lived what we live.*



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GOD'S REST • GOD'S WORD • GOD'S HIGH PRIEST



# III. THE RELATING

JESUS CHRIST KNOWS WHAT IT IS LIKE TO BE TEMPTED



## WE DO NOT HAVE A HIGH PRIEST WHO IS UNABLE TO EMPATHIZE WITH OUR WEAKNESSES



### HEBREWS 4:15

*“For we do not have a high priest which cannot be touched with the feeling of our infirmities; but was in all points tempted like as we are, yet without sin.”*

### WHAT THIS MEANS FOR US:



#### HE UNDERSTANDS

He knows our struggles because He faced them.



#### HE SYMPATHIZES

He cares about our weaknesses and pain.



#### HE STRENGTHENS

He provides grace to help us overcome.



#### HE REIGNS

He reigns in glory, yet remains close to us.

JESUS DIDN'T JUST TEACH ABOUT TEMPTATION— HE WALKED THROUGH IT FOR US.  
*He is our merciful and faithful High Priest.*



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# III. THE RELATING

JESUS CHRIST KNOWS WHAT IT IS  
LIKE TO BE TEMPTED



## HE IS NOT DISTANT. HE IS WITH US.



### HEBREWS 4:15-16

*"For we do not have a high priest which cannot be **touched with the feeling** of our infirmities; but was in all points **tempted like as we are**, yet without sin.*

<sup>16</sup> *Let us therefore come **boldly** unto the throne of grace, that we may obtain **mercy**, and find **grace** to help in time of need."*

### WHAT THIS MEANS FOR US:



#### BOLD ACCESS

We can confidently come to God's throne of grace.



#### COMPASSIONATE HELP

He understands and provides help in our time of need.



#### FAITHFUL SUPPORT

He gives mercy and grace to strengthen us.



#### NEVER ALONE

In every temptation, He is right beside us.



OUR HIGH PRIEST  
IS NOT ONLY  
ABLE TO HELP—

*He is always  
willing.*



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# III. THE RELATING

JESUS CHRIST KNOWS WHAT IT IS LIKE TO BE TEMPTED



## CONFIDENTLY DRAW NEAR TO HIS THRONE

GRACE FOR TODAY. HOPE FOR ETERNITY.



### HEBREWS 4:16

*“Let us therefore come boldly unto the throne of grace, that we may obtain **mercy**, and find **grace** to help in time of need.”*



We have a High Priest who understands, intercedes, and invites us to come to Him.

LET US COME. LET US TRUST. LET US LIVE FOR HIM.

### OUR RESPONSE TODAY:



**COME BOLDLY**  
Approach God with confidence.



**RECEIVE MERCY**  
He meets us with compassion and grace.



**FIND GRACE**  
He provides strength for every need.



**LIVE FOR HIS GLORY**  
Empowered by His grace, we live for Him.



### LET US PRAY

*Heavenly Father,  
thank You for understanding  
our weaknesses and  
offering us Your mercy  
and grace.  
Help us to come boldly  
to You every day,  
trusting in Your love  
and power.  
**Amen.***



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# III. THE RELATING

## JESUS CHRIST KNOWS WHAT IT IS LIKE TO BE TEMPTED



# LIVE IN THE VICTORY OF OUR GREAT HIGH PRIEST

BECAUSE HE HAS BEEN TEMPTED AND YET WITHOUT SIN, WE CAN APPROACH GOD WITH CONFIDENCE AND LIVE IN VICTORY.

### PRACTICAL APPLICATIONS



#### COME TO HIM DAILY

Draw near to God in prayer with confidence, knowing Jesus understands your struggles.



#### TRUST HIS GRACE

Rely on His mercy and grace, not on your own strength, to overcome temptation.



#### STAND FIRM IN FAITH

Put on the full armor of God and stand firm against the enemy's lies and schemes.



#### ENCOURAGE OTHERS

Share the hope we have in Jesus and point others to our great High Priest.



“

*Let us therefore come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need.*

HEBREWS 4:16





# III. THE RELATING

## JESUS CHRIST KNOWS WHAT IT IS LIKE TO BE TEMPTED



# HOLD FAST TO OUR GREAT HIGH PRIEST

Jesus is our compassionate High Priest who helps us live for God every day.

### KEY TAKEAWAYS



#### HE UNDERSTANDS

Jesus knows our struggles and sympathizes with us.



#### HE HELPS

He provides mercy, grace, and strength for every need.



#### HE SUPPORTS

He is always with us, guiding and empowering us.



#### WE RESPOND

We come boldly to Him, trust His grace, and encourage others.



*Let us hold fast the profession of our faith without wavering; (for he is faithful that promised.)*

HEBREWS 10:23





# III. THE RELATING

## JESUS CHRIST KNOWS WHAT IT IS LIKE TO BE TEMPTED



# WALK BOLDLY WITH OUR GREAT HIGH PRIEST



Because Jesus has been tempted like we are, we can come to God's throne with confidence.

### KEY TAKEAWAYS



#### HE SYMPATHIZES

Jesus understands our weaknesses and struggles.



#### HE PROVIDES GRACE

He offers mercy and grace to help us in time of need.



#### HE STRENGTHENS

He gives us the strength to overcome temptation.



#### HE IS WITH US

Our High Priest is not distant—He is always with us.



#### HE LEADS US TO VICTORY

We can live confidently and faithfully for His glory.

### OUR CHALLENGE



**COME NEAR.  
TRUST HIM.  
LIVE FOR HIS GLORY.**

Let us hold fast the profession of our faith without wavering; for He is faithful that promised.

HEBREWS 10:23



*Let us therefore come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need.*

HEBREWS 4:16



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HEBREWS 4

GOD'S REST • GOD'S WORD • GOD'S HIGH PRIEST

*To God be the glory!*

# HEBREWS 4

## LESSON REVIEW

*The Rest • The Revelation • The Relating*

SUMMER BIBLE CLASS SERIES

KEVIN L. BERRY, EVANGELIST



KEY VERSE: HEBREWS 4:16

*“Let us therefore come boldly unto  
the throne of grace...”*

## REVIEW OF CHAPTER 4

### THREE MAJOR THEMES



#### THE REST

*God's promised rest*



#### THE REVELATION

*God's living Word*



#### THE RELATING

*Jesus our Great High Priest*






# THE REST

HEBREWS 4:1-11

*“There remaineth therefore  
a rest to the people of God.”*

*Hebrews 4:9*



*“Let us labor therefore  
to enter into that rest...”*

Hebrews 4:11

## REVIEW QUESTIONS

1

What promise still remains for God’s people?

---

2

Why did Israel fail to enter God’s rest?

---

3

What must accompany hearing God’s Word?

---



# THE REST

HEBREWS 4:1-11

## MULTIPLE CHOICE

### Hebrews 4:11

*What are Christians instructed to do?*

- A** Return to Moses
- B** Ignore the warning
- C** Be diligent to enter that rest
- D** Trust feelings alone

*“Be diligent to enter  
that rest...”*

Hebrews 4:11



# THE REVELATION

HEBREWS 4:12

## FOUR CHARACTERISTICS OF GOD'S WORD

According to Hebrews 4:12, God's Word is:



### 1. LIVING

It has life and power to change our hearts.



### 2. POWERFUL

It is active and effective in our lives.



### 3. SHARPER

Sharper than any twoedged sword.



### 4. DISCERNING

It judges the thoughts and intentions of the heart.

## WHY IS GOD'S WORD UNIQUE?

It is not just information – it is living truth that reveals, convicts, and transforms.





# THE REST

HEBREWS 4:1-11

*“There remaineth therefore  
a rest to the people of God.”*

*Hebrews 4:9*

## FILL IN THE BLANK

Hebrews 4:9

“There remaineth therefore a \_\_\_\_\_  
to the people of God.”

## DISCUSSION

What kind of rest is being described?



**PHYSICAL?**

*Temporary rest  
from labor*



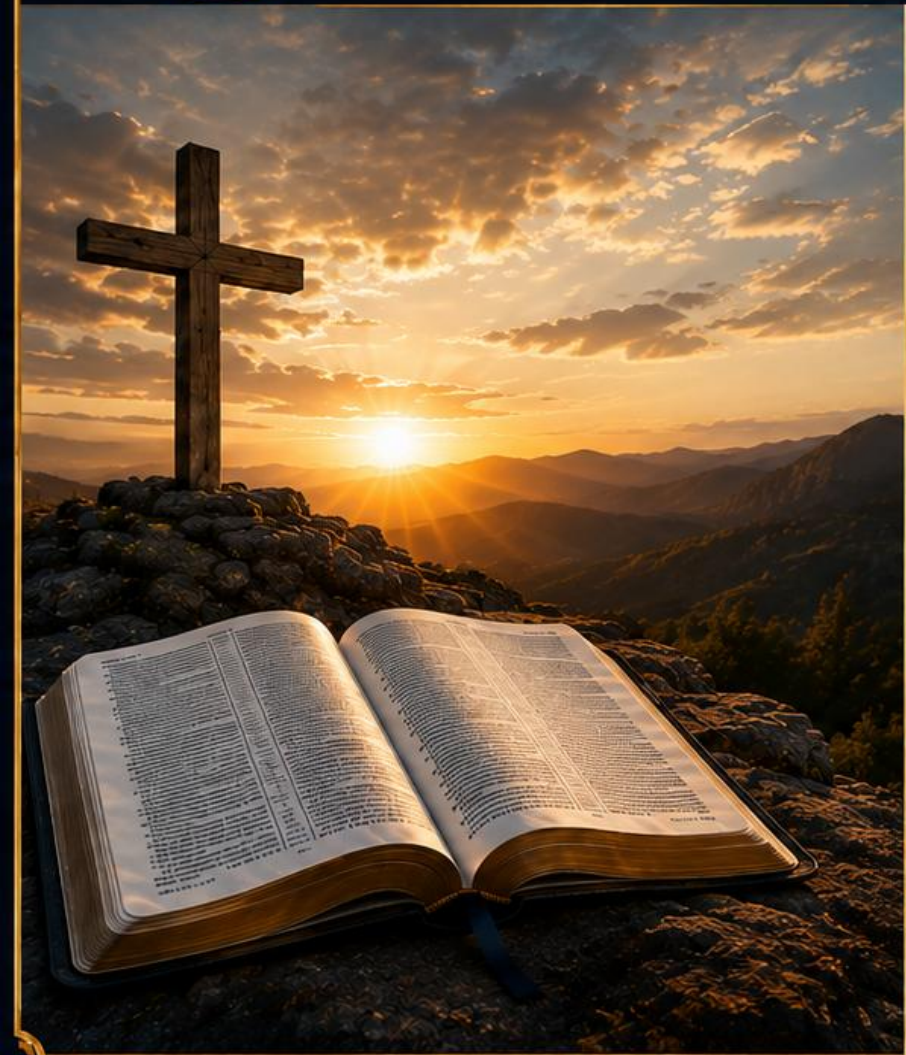
**SABBATH?**

*Weekly day  
of rest*



**ETERNAL?**

*Entering God's  
eternal rest*



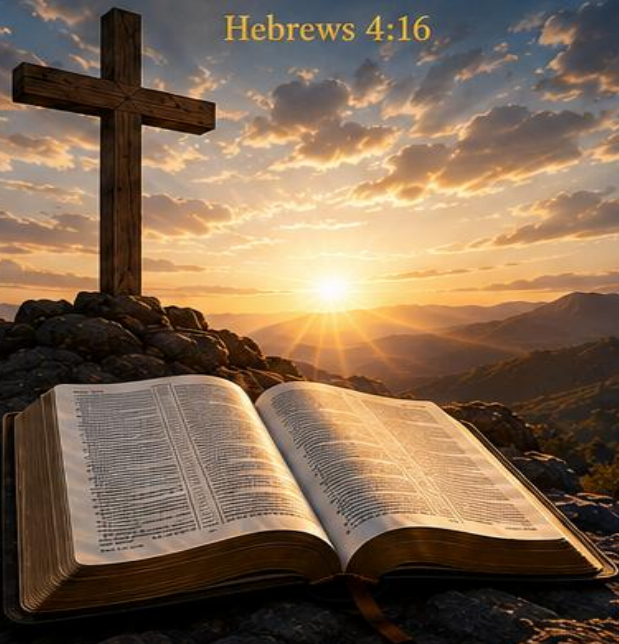
# HEBREWS 4

## LESSON REVIEW

The Rest • The Revelation • The Relating

*“Let us therefore come boldly  
unto the throne of grace, that we  
may obtain mercy, and find grace  
to help in time of need.”*

Hebrews 4:16



## PART I – THE REST (HEBREWS 4:1–11)

### A REST REMAINS FOR THE PEOPLE OF GOD

**1** What promise still remains for the people of God?

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**2** Why did many Israelites fail to enter God’s rest?

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**3** According to Hebrews 4:2, what must accompany hearing God’s Word?

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**4** Hebrews 4 teaches that Joshua did not provide what?

---

---

**5** Complete the statement from Hebrews 4:9:  
*“There remaineth therefore a \_\_\_\_\_  
to the people of God.”*

**6** What exhortation is given in Hebrews 4:11?

- Be careless
- Enter by works alone
- Be diligent to enter that rest**
- Return to the Law of Moses



#### KEY TRUTHS FROM HEBREWS 4:1–11

- ✓ A rest remains for the people of God.
- ✓ We must hear God’s Word and obey it.
- ✓ Let us be diligent to enter that rest by faith and perseverance.

#### KEY VERSE

Hebrews 4:11

*“Be diligent to enter  
that rest...”*

# HEBREWS 4

## LESSON REVIEW

*The Rest • The Revelation • The Relating*

*“Let us therefore come boldly  
unto the throne of grace, that we  
may obtain mercy, and find grace  
to help in time of need.”*

Hebrews 4:16



## PART 2 – THE REVELATION (HEBREWS 4:12-13)

### GOD’S WORD REVEALS OUR TRUE CONDITION

**7** According to Hebrews 4:12, the Word of God is:

- Dead
- Living and powerful
- Merely historical
- Only for the first century

**8** What does God’s Word pierce?

---

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---

**9** What does the Word of God reveal about a person?

---

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---

**10** According to Hebrews 4:13, what is hidden from God’s sight?

- Some things
- Secret sins
- Nothing
- Only our actions

#### DISCUSSION



How does the living Word of God examine our hearts and lives?

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Why should this truth encourage believers and warn unbelievers?

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#### KEY TRUTHS FROM HEBREWS 4:12-13

- God’s Word is living, powerful, and active.
- It pierces to the deepest parts of our being.
- Nothing is hidden from God’s sight.
- We must respond honestly to the Word.

#### THE POWER OF GOD’S WORD

It is not just information – it is living truth that reveals, convicts, and transforms.



# HEBREWS 4 LESSON REVIEW

The Rest • The Revelation • The Relating

*“Let us therefore come boldly  
unto the throne of grace, that we  
may obtain mercy, and find grace  
to help in time of need.”*

Hebrews 4:16



## PART 3 – THE RELATING (HEBREWS 4:14-16)

### JESUS OUR GREAT HIGH PRIEST

**11** Who is identified as our Great High Priest?

\_\_\_\_\_

**12** Through what heavens did our Great High Priest pass?

\_\_\_\_\_

**13** True or False  
Jesus understands our weaknesses  
because He experienced temptation.

True       False

**14** What important truth is taught  
about Jesus in Hebrews 4:15?

\_\_\_\_\_

**15** Although Jesus was tempted,  
what did He never do?

\_\_\_\_\_

#### JESUS UNDERSTANDS

How does Jesus understand:



Suffering \_\_\_\_\_



Rejection \_\_\_\_\_



Loneliness \_\_\_\_\_



Temptation \_\_\_\_\_



Grief \_\_\_\_\_

*Why is this so comforting?*

\_\_\_\_\_

\_\_\_\_\_



#### THE THRONE OF GRACE

Hebrews 4:16

What do we receive?

- Mercy
- Grace
- Help

**When?**  
*“In time  
of need.”*



#### APPLICATION

- ✓ Hold fast our confession
- ✓ Come boldly to God
- ✓ Trust Jesus completely
- ✓ He sympathizes with our weaknesses

#### KEY VERSE

Hebrews 4:16

*“Let us therefore come boldly  
unto the throne of grace, that we  
may obtain mercy, and find grace  
to help in time of need.”*



# HEBREWS 4 LESSON REVIEW

→ PART 3 – THE RELATING (HEBREWS 4:14–16) ←

## TRUE OR FALSE

Jesus understands our weaknesses because He experienced temptation.



TRUE



FALSE



### KEY TAKEAWAY

Jesus faced temptation in every way, yet He never sinned. Because of this, He can fully understand and help us in our struggles.

✦ *We do not come to a distant or uncaring God, but to a Savior who knows us and invites us to come boldly to His throne.*





# BONUS DISCUSSION QUESTIONS

## HEBREWS 4 LESSON REVIEW – PART 3

### THE RELATING – HEBREWS 4:14–16

1



What encouraged you most from today's lesson in Hebrews 4:14–16?

2



How does knowing Jesus relates to our weaknesses change the way you pray?

3



What keeps you from coming boldly to God's throne of grace?

4



How can you encourage someone else with the truth of Hebrews 4:14–16?

5



What is one practical step you will take this week to come boldly to God for mercy, grace, and help in time of need?

Let's  
**APPLY**  
THE TRUTH!

★ **REMEMBER:**  
We have a Great High Priest  
who understands us and  
invites us to come boldly to Him!

HEBREWS 4:16



COME BOLDLY. RECEIVE MERCY. FIND GRACE. GET HELP.

HEBREWS 4:16



# KEY THOUGHT

## JESUS UNDERSTANDS US COMPLETELY



1. He experienced temptation.



2. He experienced suffering.



3. He experienced rejection.



4. He experienced sorrow.



5. Yet He remained without sin.



*Because Jesus understands us completely,  
we can come boldly to His throne of grace with confidence.*

→ HEBREWS 4:16 ←



# APPLICATION

Because Jesus understands  
our weaknesses,  
we can confidently:



1. Come boldly to God's throne  
of grace.



2. Find mercy in our time of need.



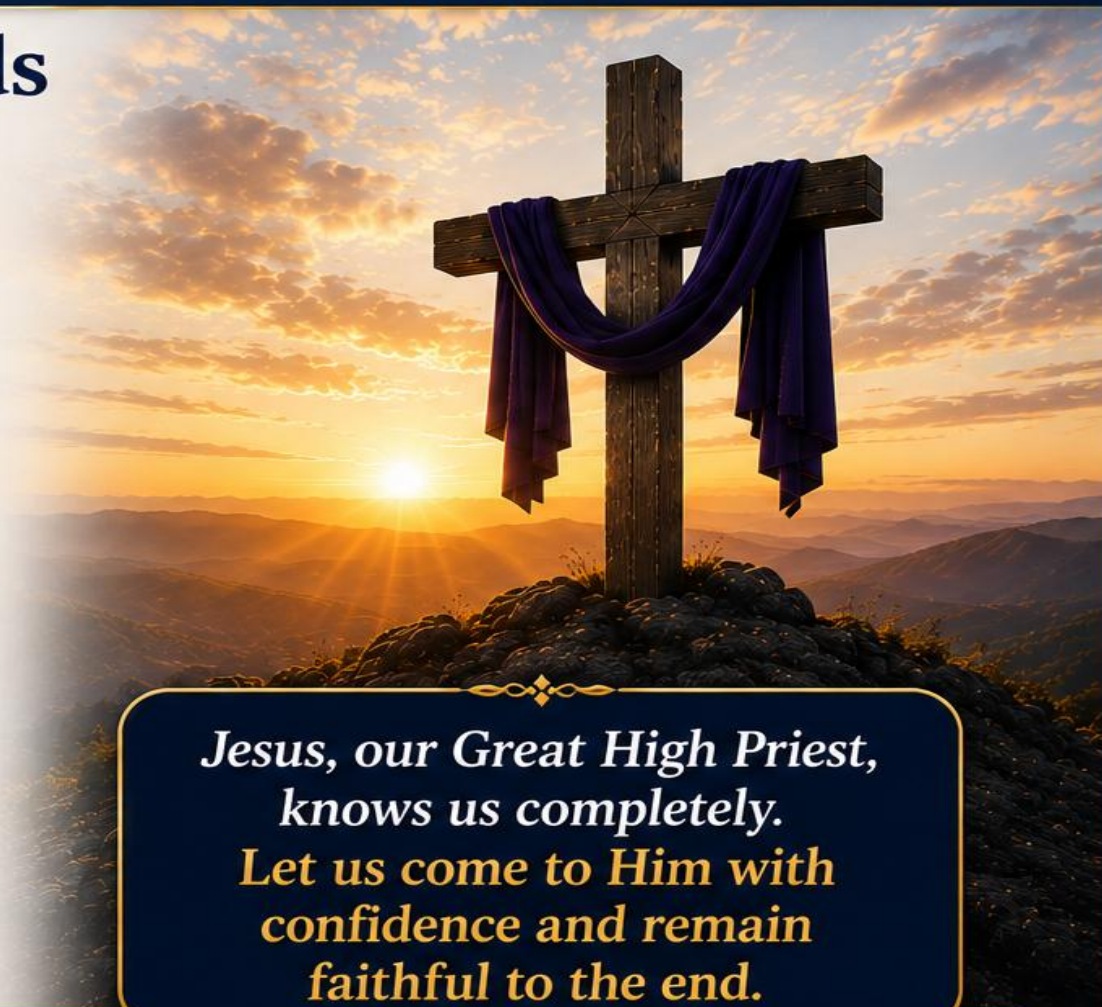
3. Receive help for every struggle.



4. Trust Him to strengthen  
us daily.



5. Remain faithful and live  
for His glory.



*Jesus, our Great High Priest,  
knows us completely.  
Let us come to Him with  
confidence and remain  
faithful to the end.*

▶  LET US ENDEAVOR TO ENTER INTO HIS REST! ▶

— HEBREWS 4:11 —

# Summer Bible Class

God's Word  
Our Guide  
His Rest  
Our Strength

Grow  
in Faith  
Walk in  
Truth

# THE REST The REVELATION The RELATING

## HEBREWS 4



**THE REST**  
God's Promise  
for Our Souls



**THE REVELATION**  
The Word That  
Still Speaks



**THE RELATING**  
Jesus Christ knows  
what it is like to  
be tempted



**HEBREWS 4:9-10**  
(NKJV)

<sup>9</sup> There remaineth therefore  
a *rest* to the people  
of God.

<sup>10</sup> For he who has entered  
*His rest* has himself also  
ceased from his works as  
God did from His.



Let us  
therefore make  
every effort to  
enter that rest...  
HEBREWS 4:11



**Kevin L Berry** | **EVANGELIST**  
PREACHING THE WORD • TEACHING THE TRUTH • TOUCHING LIVES

# God's Plan of Salvation



HEAR  
BELIEVE  
REPENT  
CONFESS  
BE BAPTIZED  
REMAIN FAITHFUL

Romans 10:17

John 8:24

Luke 13:3

Matthew 10:32

Mark 16:16

Rev. 2:10